

# PGP: Psychodrama Group process Practitioner -2023



Hybrid Format for 2023-  
Combination of In-person  
and On-line learning

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# Who is it for?

This is for:

Coaches, Trainers, Facilitators, People Enablers,  
Leadership Development Professionals, Business Leaders,  
who have completed a year of intensive Psychodrama learning from Vedadrama.



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# Scope of Learning

*Psychodrama, Sociodrama, Sociometry, Group Process and Action Methods and concepts you will learn:*

## **Sociodrama in the Workplace**

Because of the nature of the workplace, we respect people's right not to disclose personal information. Sociodrama at the workplace helps people express work related issues without personal disclosure by:

- Concretizing issues that represent group concerns;
- Using role-plays to explore central concerns of the group;
- Deconstruct group issues as to how they relate to the self (if desired).

## **Group Dynamics**

Psychodrama is primarily a group method; and a good psychodrama director develops in-depth knowledge and understanding of the psychological processes in groups:

- From a diagnostic point of view
- When planning intervention, to avoid stepping on 'group dynamic minefields'.

## **Creating a Safe Container**

Before the group there was a void. Psychodrama directors make a leap into the void and help create a container. We pay attention to structures & boundaries and also become aware of individual and group themes which develop as the group progresses.

The focus is on the individual of 'Who am I?' AND the group, 'Who or what is this group?'

## **Creative Action Methods**

As a work place application, we learn how aggressive, competitive leaders can be engaged in creative action spaces to: map systems, take and develop roles, experience human connection, gain clarity and insight, and prepare to take decisive action.

**Continuation of practice** of basic psychodrama techniques like Role Reverse, Role Interview, Mirroring, Empty Chair used in 1:1 coaching and personal growth groups.

**Theoretical frameworks** of Psychodrama

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# Course Structure

This 12 –month program in 2023 includes:

1. 138 hours of classes
  - 14 sessions over zoom=66 hours
  - Three programs of 3 days, each of 24 hours of in-person learning in Gurgaon/ Delhi= 72 hours
2. 20 hours practice facilitating/coaching with peers and clients (documented in brief as per a defined format on 2 pages)

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# Final Evaluation

- Oral Coaching competencies demonstration; Members can choose to demonstrate 1on 1 coaching or group work.
- Peer feedback, Trainer's feedback
- Written assessment of own case outside the group (3 pages)

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# Contact

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# Program Investment

Program fee is Rs 1,22,000 plus 18% GST=Rs 1,41,600.

Early bird is Rs 112,000 plus 18% GST, which can be availed if the payment is made by Nov 30th, 2022=Rs 132,160

This includes the book 'Social Work, Sociometry, and Psychodrama' by Scott Giacomucci as both e-book and printed version. (Springer publication)

## **Additional Cost**

There is an exam fee of Rs 10,000 (plus GST) per head –which includes feedback of the written work from a Vedadrama certified trainer.

This is an additional cost which may be paid by mid year in June 2023.

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# Certificate

Vedadrama will jointly with PIB Germany (established in 1973), issue a certificate on : PGP- Psychodrama Group Process Work & Team Constellation Practitioner.

After graduating, you have the opportunity to continue to draw from a community of diverse coaches for mutual support.

# Dates and Timings (2023)

January 21-22 Saturday-Sunday, 3.30-8.30pm	online	10 hours
February <del>18-19</del> 25-26 Saturday-Sunday, 3.30-8.30pm	Online Klaus Harter	10 hours
March: Break		
April 14,15,16 Friday-Saturday-Sunday 9.30-5.30pm	In person Gurgaon	24 hours
May 20-21 Saturday-Sunday, 6.30-10.30pm	Online Karen Drucker	8 hours
June 17,18 Saturday-Sunday 3.30-8.30pm	Online	10 hours
July 14,15,16 Friday-Saturday-Sunday, 9.30-5.30pm	In person Gurgaon	24 hours
August 12,13 Saturday-Sunday, 3.30-7.30pm	online	8 hours
Sept 15,16,17 Friday-Saturday-Sunday 9.30-5.30pm	In person Gurgaon	24 hours
October: Break		
November: <del>18,19</del> 25-26 Saturday-Sunday, 3.30-8.30pm	online	10 hours
December (exam) 16,17 Saturday-Sunday, 3.30-8.30pm	online	10 hours
Total		138 hours

# Lead Trainer

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## Rashmi Datt

Rashmi is a Performance & Presence coach who works with individuals and teams in helping them become the best they can be.

In 3 decades of industry experience in OD, learning and development, she has worked with over 40 organizations and their leadership teams to empower them in finding alignment and synergy in their functioning. This resulted in to employee engagement, productivity, fulfillment—with goal achievement being a natural outcome.


She is an (ICF) PCC certified coach, and CP, PAT in Psychodrama.

She has authored two books:

- “Managing Your Boss”, which was translated into Mandarin and Bahasa, Indonesia
- “And the Lion Smiled at the Rabbit - Manage Emotions to Win”

Rashmi is also Leadership Development Advisor for IIT Gandhinagar.



 [@rashmidatt](#)

# Guest Trainers

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## **Klaus Ernst Harter** (Germany)

Director of rehabilitation center for drug addicts Germany; and Director and International Coordinator for Psychodrama Education in Russia and India of the Moreno Institute for Sociometry Psychodrama and Group psychotherapy in Germany.



## **Dr. Karen Drucker** (USA)

Licensed Psychologist and Certified Trainer of Psychodrama, Sociometry and Group Psychotherapy in Boulder, Colorado; where she has a private practice and taught at Naropa University for 16 years.

A warm and engaging teacher; loves designing trainings that are clear, powerful, and integrative for learning and experiencing.

Enjoyed her travels to India the past few years to work with Vedadrama participants in Bangalore, Coimbatore, and Delhi, and looks forward to returning in person.





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# More about Vedadrama

## Psychodrama in India

Originally developed by Dr. Jacob L. Moreno (since 1921), and later expanded by Prof. Dr. Hans-Werner Gessmann (Founder of PIB Germany, established in 1973) it is one of the Humanistic Therapy methods (amongst Gestalt Therapy - Fritz Perls; client centered approach - Carl Rogers ; Logo Therapy - Viktor E. Frankl; and Transactional Analysis TA - Eric Berne) practiced widely in Europe and US and brought to India by the new owner of PIB, Prof. Dr. Jochen Becker-Ebel in 2012.

## Vedadrama Founder

Jochen Becker-Ebel, a former priest, PhD in Philosophy and Theology, is the founder of Vedadrama. He is owner and CEO of the German MediAcion Palliative Care training institute and of PIB-Zentrum. Becker-Ebel found his second home in Tiruvannamalai India in 1985. After falling in love with India, he comes back every year for a few months. Since 1990 he trained 3000 German and Indian Medical Doctors in Palliative Care, now as Adjunct Professor. In 2008 Dr. Grete Leutz and others requested him to give formal psychodrama training accredited by the Hamburg Psychotherapy Council and the DFP.

## Vedadrama Trainers

Becker-Ebel expanded 2012 to India and teaches now with his Indian Trainer-Partners Rashmi Datt PAT, Madhu Shukla PAT and Haseena Abdullah PAT at Bangalore, Mangalore, Coimbatore, Mumbai and New Delhi. He is joined by other international and board accredited experts like Dr. Steven Durost, Dr. Karen Drucker TEP, and Klaus E. Harter.

More details:

[https://www.youtube.com/watch?v=7\\_m6dKUnPmY](https://www.youtube.com/watch?v=7_m6dKUnPmY)



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# Advanced training

The typical learning group of 10 to 15 persons will have a continuous experience of learning for at least one year.

Annual certificates are given after the first and second year. After 142 hours of training the Psychodrama Coach Practitioner certificate, (PCP) can be obtained. After the next 138 hours, PGP or Psychodrama Group Practitioner is reached.

The Psychodrama Director certified Practitioner (CP) is obtained after an exam and training spread over 3-4 years. The successful learner can call themselves according to the profession of origin: Coach / Psychodrama Director CP; Counsellor (or) therapeutic Practitioner / Psychodrama Director CP as well as Educator (or) Trainer / Psycho- drama Director CP.

For more details: <http://www.VedaDrama.com>.

## Accreditation

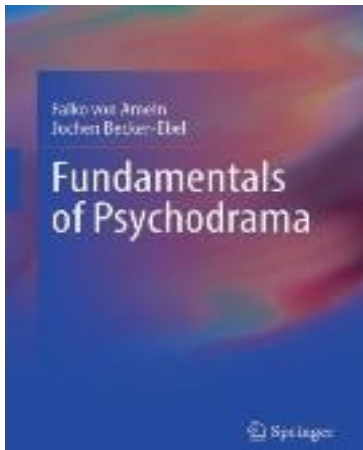
The education pathway of Vedadrama in itself is a unique offering because of the flexibility of its application rather than confining itself to a single focused profession or path of accreditation.

The Education is internationally accredited by the PIB, Germany, which is accredited itself by the respective Medical council and the German authorities.

In India, Vedadrama Education is part of the advanced learning program of the Medical faculty of the Yenepoya deemed to be an University at Mangalore since 2018. Vedadrama (and/or PIB) are organizational members of ASGPP, IAGP, IAC and ISPS.

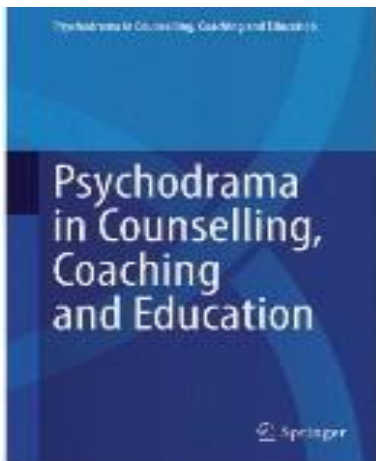
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# Literature



In July 2020 Springer nature published: “Fundamentals of Psychodrama” by Dr. habil Falko von Ameln and Prof. Dr. Jochen Becker-Ebel. It is the new textbook of Psychodrama Education for Vedadrama.

[www.springer.com/gp/book/9789811544262](http://www.springer.com/gp/book/9789811544262)



More books in the new series on Psychodrama in Counselling, Coaching and Education, edited by Prof. Dr. Jochen Becker-Ebel and Dr. Scott Giacomucci DSW.

[www.springer.com/series/16448](http://www.springer.com/series/16448)



[www.vedadrama.com](http://www.vedadrama.com)

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